



18th January 2021

Dear parent/carers,

**Re: National recognition for our anti bullying work for the third year running.**

Dame Elizabeth Cadbury School is proud to announce that we have achieved the BIG Award accreditation for the third time. We want to take this opportunity to celebrate with you the success of our excellent anti-bullying systems and structures, which enable all of our pupils the opportunity to come to school feeling safe and happy. Everyone in our school community has a role to play in helping to prevent bullying and we would like to thank parents, carers and pupils for working with us and helping us to achieve this award.

The BIG Award requires our anti-bullying systems and structures to meet a set of stringent criteria, such as our policy, reporting, monitoring, and recording systems, awareness activities that we do with pupils, the fabulous work that our ABA's do and testimonials from our pupils themselves.

This academic year has been far from normal, however we have still managed to achieve so much. This has included anti-bullying awareness during form time with assemblies, 'wear something blue' day, PSHE anti-bullying lessons, and numerous competitions to raise awareness. All of the pupils have engaged with these with enthusiasm and determination to join the national events which stand up to bullying. We have also recruited new anti-bullying ambassadors in years 7 and 8, and we are looking forward to working with and training these pupils on new projects in the pipeline for our return to school.

Now that your child is spending more time at home, we recognise that bullying could happen online. Despite pupils working remotely, we continue our commitment to acting promptly and robustly as issues are reported to us. Here are some tips for recognising online bullying:

Your child could:

1. Appear nervous when receiving a text, instant message, or email
2. Unwillingness to share information about online activity
3. Unexplained anger or depression, especially after going online
4. Abruptly shutting off or walking away from the computer mid-use
5. Reluctant to show you their phone





There are some useful links below which we hope will provide guidance should you need it:

- The national bullying help line has advice on how to block and report bullying on different social media platforms <https://www.nationalbullyinghelpline.co.uk/social-media>
- The safe internet link provides families with resources for staying safe online <https://www.saferinternet.org.uk/advice-centre/parents-and-carers/resources-parents-and-carers>
- Anti - Bullying Pro also has lots of good resources for you to access with your child as well as a support page. <https://www.antibullyingpro.com/resources> and <https://www.antibullyingpro.com/support>

Thank you for your continued support with our anti-bullying work. We hope you find the links and resources useful.

As always, please do not hesitate to contact us if you need any further support or information.

Yours faithfully,

Ms C Faulkner  
 Assistant Head of House for Exeter and Warwick

Mr M Dunn  
 Head Teacher