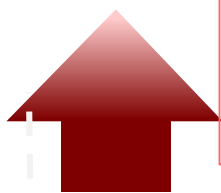


# Physical Education



Dame Elizabeth  
Cadbury School

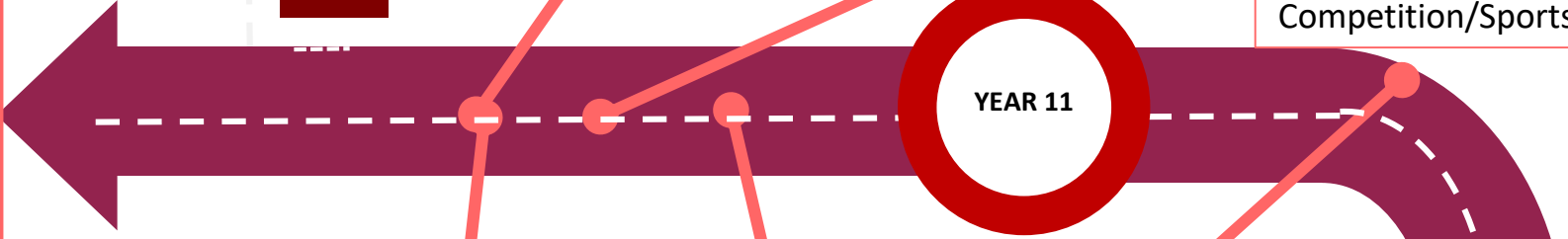
PE Curriculum  
Invasion games  
Accurate  
Replication of  
movement  
Performing to Max  
levels  
Net & Wall  
OAA  
Striking & Fielding



Tactical  
Knowledge of  
a range of  
sports

Understanding the  
importance of lifelong  
participation in fitness and  
exercise

Interform-  
Competition/Sports Day



YEAR 11

Evaluating and  
feeding back on  
performance

Demonstrating  
technical accuracy  
in a range of sports

Demonstrate  
control and fluency  
in a range of skills

Officiating and  
umpiring  
individual and  
team sports



YEAR 10

Interform-  
Competition/Sports Day

Selecting a range  
of skills in  
competitive  
scenarios

Developing skills  
and techniques in  
conditioned drills

Applying greater  
knowledge of rules  
and regulations

YEAR 9

Beginning to  
develop control  
and accuracy in a  
range of skills

Developing  
fundamental skills  
and movement

Interform-  
Competition/Sports Day

YEAR 8

Beginning to  
develop precision  
in a range of sports

Understanding  
the importance  
of individual  
performance &  
teamwork

Developing  
knowledge of rules  
and regulations

Introduction to PE

YEAR 7

Knowledge of the importance of  
warming up and cooling down

Baseline for Gross and  
Fine Motor Skills