



**Dame Elizabeth  
Cadbury School**

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Our ref: AD/Y10TopicDay2

Date: 9<sup>th</sup> February 2024

Dear Parent/Carer

The Department for Education requires us to deliver the statutory guidance for Relationships, Sex and Health Education (RSHE). This, alongside other key areas such as RE, Citizenship and Careers, makes up our Personal Development curriculum which is delivered at Key Stage 4 through assemblies, form time activities and Topic Days. Details of our RSHE Policy can be found on our website.

All Year 10 pupils will be participating in a Topic Day on Friday 23<sup>rd</sup> February 2024.

Pupils will take part in the following age-appropriate sessions delivered by external agencies:

- Online safety and respectful relationship awareness delivered by Saltmine Trust Theatre Company through a performance and workshop. 'Filters' focuses on social media use, sexual harassment, consent, cyberbullying, AI, and the impact of pornography.
- Youth violence awareness delivered by Alison Cope, an anti-violence campaigner. Alison works tirelessly to help prevent youth violence by sharing her son's unique life and death story to help educate young people on the realities and consequences of youth violence.
- The law with regards to consent, criminal behaviour within relationships and image and information sharing delivered by our Police Liaison Officers.

The statutory RSHE guidance states that by the end of secondary school pupils should know:

- about different types of bullying (including cyberbullying)
- about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online
- how to identify harmful behaviours online (including bullying, abuse, or harassment) and how to report, or find support, if they have been affected by those behaviours
- the impact of viewing harmful content
- that specifically sexually explicit material e.g., pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners
- that some types of behaviour within relationships are criminal, including violent behaviour and coercive control



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- what constitutes sexual harassment and sexual violence and why these are always unacceptable
- the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, and how these can affect current and future relationships

This will be a normal school day and our usual high standards and expectations of behaviour will apply.

If you have any further questions about the day, please email [enquiry@decschool.co.uk](mailto:enquiry@decschool.co.uk).

Many thanks for your continued support.

Yours sincerely



Mr R Prime  
Headteacher

