



**Dame Elizabeth
Cadbury School**

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Our ref: CS/AD/Y8SafeandSoundPerformance2024

Date: 6th March 2024

Dear Parent/Carer

On Monday 18th March, as part of our PSHE programme, we are welcoming Loudmouth Education & Training to Dame Elizabeth Cadbury to perform Safe and Sound for pupils in Year 8.

This sensitive programme uses a drama and discussion workshop that follows a young couple as their relationship develops. Looking in on their relationship the pupils are shown the characteristics of both a healthy and unhealthy relationship exploring the concepts of respect, privacy and consent including learning about sexting and abusive and coercive behaviours within relationships. Evaluation has shown that this programme has increased young people's knowledge of where to go for support and increased their knowledge and ability to spot signs of abuse in teenage relationships.

The statutory Relationships Education, Relationships and Sex Education (RSE) and Health Education guidance in secondary schools from the Department of Education states that pupils should know:

- the characteristics of positive and healthy relationships (intimate and friendships), including trust, mutual respect, honesty, boundaries, privacy, consent, loyalty and ending relationships safely.
- that some types of behaviour within relationships are criminal, including violent behaviour and coercive control.
- the law relating to sexual consent, abuse, coercion, harassment, rape and domestic abuse, and how these can affect current and future relationships.
- how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn.

Outline for the day: 9:10am to 10:10am - Performance for Year 8

If you have any further questions about this performance and workshop, please email enquiry@decschool.co.uk.

Thank you, for your continued support.

Yours sincerely

Mr C Seager
Acting Headteacher