Our ref: CS/KS/Humanutopia

Date: 18th November 2024

Dame Elizabeth Cadbury School www.decschool.co.uk

**Dear Parents** 

## Re: Year 8 Humanutopia Workshop

As part of our mental health and wellbeing provision, we have invited an organisation called humanutopia in to work with **year 8** on **Wednesday 20th November 2024**. All year 8 pupils will be asked to participate in this very exciting and innovative event.

The day is called 'Who Am I' and is designed to help young people discover an authentic side to who they are.

The first part of the day deals with important teenage issues around personal awareness, peer pressure, conformity and bullying. The second part of the day focuses on choices, teamwork, leadership, and aspirations. All students will consider the choices they have going forward and changes they may need to make.

The experience is designed to empower young people to develop critical life skills and take motivation and ownership of their education. We are certain that this will be a positive and memorable experience for your child and feel it is a perfect complement to their academic studies.

For further information on humanutopia – please go their website at www.humanutopia.com.

Yours sincerely

Mr C Seager Head of School







Woodbrooke Road

Dame Elizabeth Cadbury School